

PRAGJYOTIKA

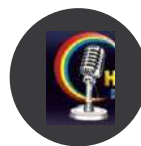
SCOUTING FOR ALL



July-2020, Vol- XVII



Celebration of 6th
International Day of Yoga



Hum Kisise Kam Nahi
(National Level virtual
Singing Competition)



Activities undertaken
by the States



Quiz time



SDGs



Editorial

THE BHARAT SCOUTS AND GUIDES, N. E. REGION

Celebration of 6th International Day of Yoga



THE BHARAT SCOUTS AND GUIDES NORTH EASTERN REGIONAL HEADQUARTERS CELEBRATION OF 6TH INTERNATIONAL DAY OF YOGA (VIRTUALLY)

THEME :- "YOGA AT HOME AND YOGA WITH FAMILY".

10-12 HOURS ON 21ST JUNE 2020

VIDEO CONTEST TITLE :- " I LOVE YOGA"

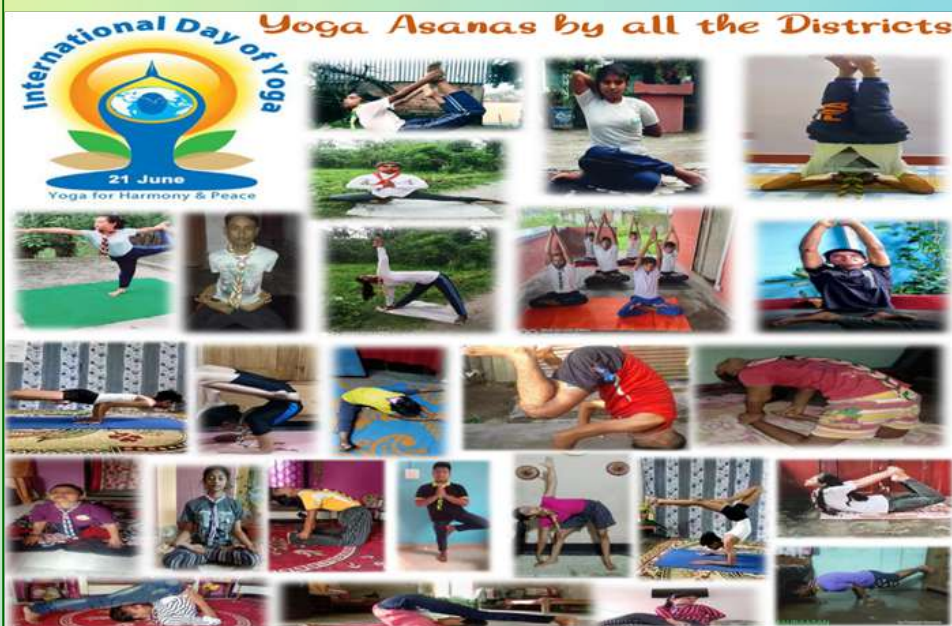


The International Day of Yoga has been celebrated by the Bharat Scouts and Guides from its inception from 2015 on 21st of June every year. Looking for the present pandemic condition On the Occasion of 6th International Day of Yoga the North East Region of the Bharat Scouts and Guides has organized a Regional Level virtual YOGA Competition with ti-

ttled "I love Yoga". We have received videos from the 49 contestant from N.E. Region and out which 11 participants were selected for the finale to present their talent on 21st of June, 2020. On 21st June, 2020 a webinar was organized from 10 am to 01 pm. The webinar inau-



gurated by Shri Chandrjit Saikia, State Chief Commissioner, BSG, N F Rly. & Chairman Railway Recruitment Board, Guwahati. followed by the massage from the hon'ble Governor of Assam Shri (Prof.) Jagdish Mukhi and dance of the Guides and Rangers of Uttar Guwahati Hr. Sec. School. Mrs. Kempa Pakam, Vice-President, BSG-India, Dr. H. P. Chhetri, Chief Commissioner (S), BSG & SCC, Sikkim, Shri A. K. Absar Hazarika, ACS (Retd.), State Chief Commissioner of Assam



State BSG, Shri R K Kaushik, Director, BSG along with Executive Director, Jt. Directors, Dy. Directors, Assistant Directors and other professional of National Headquarters were present in the programme. The state officials of all Regional States and other Yoga lovers from different part of the globe attended the programme

and showing their keen interest for YOGA. The Result of the competition declared by Mr. Niloy Das, Faculty, and State Council Member, Assam of Art of Living with his valuable remarks. Yoga performance by Special Guest National Awardees Ms. Rachna Parbat, Bihar was one of the main attractions of the Programme.



The Bharat Scouts and Guides is just not an organization, it is an "Movement". The service rendered by the members of Bharat Scouts and Guides during the pandemic situation created by Covid-19 is remarkable. I congratulate the steps undertaken by the N.E. Regional Headquarters to celebrate the 6th International Day of Yoga with the title "I Love Yoga".

Prof Jagadish Mukhi
Hon'ble Governor of Assam



FIRST POSITION SUMIT KUMAR DAS N. F. Railway	SECOND POSITION SMARANIKA BHATTACHARJEE N. F. Railway	THIRD POSITION MANORATH DAHAL Sikkim	THIRD POSITION BINIT DEBNATH N F Railway
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Yoga must be a part of life to keep ourselves healthy and peaceful. It is a gift from India to the whole world.

On the occasion of 6th International Day of Yoga the President of Bharat Scouts and Guides and Hon'ble Member of Parliament Dr. Anil Kr. Jain conveyed us a message for living a healthy life and set an example for all of us



Celebration of 6th International Day of Yoga in the N.E. Regional State



Arunachal Pradesh

The Bharat Scouts and Guides Arunachal Pradesh State Association celebrated 6th International Day of Yoga at State Training Centre, Naharlagun, Arunachal Pradesh.



Manipur



The Bharat Scouts and Guides Manipur State Association celebrated 6th International Day of Yoga with the Rovers Rangers and State officials SC(G) Mrs. Iaxmi Davi and ROC(S) Mr. Biren Singh is also present at State Training Centre Langol, Imphal, Manipur .

Nagaland



The Theme of 6th International Day of Yoga on "Yoga at Home and Yoga with family". Following the theme the members of Nagaland State BSG, practiced Yoga at home and send us a message about the utilities of Yoga.

Tripura

The Bharat Scouts and Guides Tripura State Association Khowai District celebrated 6th International Day of Yoga at Kalyanpur High School with the Scouts/Guides and District official. Mrs. Pinaki Das Chowdhury (MLA 27 Kalyanpur) was the Chief Guest and Mrs. Priyadarshi Chakma (Asst. Director Khowai District youth affairs and sports) Special guest with the presence of Dist Secretary Khowai was Special guests.



Sikkim



The members of Sikkim State performed yoga at home and celebrated 6th International Day of Yoga.

N.F. Railway



Every year N.F. Railway State Bharat Scouts and Guides with all its 10 District observed this day with all the Members and participated Yoga Fests organised by Bharat Scouts and Guides. But this year due to the COVID – 19 Pandemic all the district Celebrate this International Day of Yoga Virtually by participating various types of asanas in their residence.



HUM KISISE KAM NAHIN

(Virtual National Level Singing Competition)

Scouting Never Stop – National Headquarters of the Bharat Scouts and Guides, India come up with various activities like Sankalp, Uddan, Virtual National Youth Forum, Workshop on Membership Growth, Singing Fiesta, Hum Kisise Kam Nahi etc. to engage the members and motivated them for the service to the community during this pandemic situation. Hum Kisise Kam Nahi Virtual National Singing Competition for the adult leaders of the age group 35 years and above. 26 participants has register for



the competition from North East Regional states viz Arunachal, Assam, Manipur, Meghlaya, Nagaland, N.F.Railway and Sikkim out of which 12 participants were selected and perform in the Quarter Final (Round 2) with the theme of Dil Ki Awaaz-29th June at 10:00 to 12:00 hrs. The Competition was inaugurated by

Shri Ibson Lal Baruah, music composer, a renowned name in the bollywood music industry, Assam music film industry in the presence of Mr. Chandrajit Saikia- State Chief Commissioner of N. F. Railway and Mr. Absar Hazarika, ACS(Retd.), State Chief Commissioner of Assam State Association, Mr. H. P Chhetri, Chief Commissioner of (Scout) and State Chief Commissioner of Sikkim State Association and Mrs. Ameliya Swer, International Commissioner(G) and State Secretary of



Meghalaya State and office bearers of National Headquarters.

Out of 12 participants 06 participants are Qualified for Semi Final and 02 of them namely Niju Rabha Gogoi (Assam) and Ms. Seema Thapa (N F Railway) was selected for the Grand Finale. **Ms. Seema Thama** make the region proud securing the 1st Runners-up Grand Finale which was grace Indian playback Singer **Padma Shri Kumar Sanu**, Hon'ble Members of Parliament, Singer, Actor **Shri Manoj Tiwary** and Hon'ble Minister of State for Environment, Forest and Climate Change, in the Union Council of Ministers, Singer **Babul Supriyo** and other dignitaries. Hon'ble President of the Bharat Scouts and Guides and Member of parliament Dr. Anil Kumar Jain bless the participants and also all the members of the organization.



Services towards the Community

Revolution against Plastic announced by the Scouts and Guides of Bharat Scouts and Guides of Manipur state

The Scouts and Guides of Manipur State Bharat Scouts and Guides are showing their activeness



through their innovative ideas. The members has made Paper Bags and announced their protest against use of single used plastic. They distributed the paper bags in the Stores and public and described the use and utilities of paper bags as well as the demerits of use of single use plastic as a whole.



Hand Sanitizer produced by the Scouts and Guides of Manipur State

The Scouts and Guides of Bharat Scouts and Guides, Manipur State has moved one more step ahead. They have made hand Sanitizer



under the guidance of Mr. Heramani Singh, State Secretary, Bharat Scouts and Guides, Manipur State, who is also a lecturer on Chemistry. The steps taken by the Scouts and Guides is highly appreciable and will be helpful for the society to fights against Covid 19. This Pandemic Covid-19 has taught us so many new

things and give us opportunity to learn so many things and to serve the society.

The materials used for making the Hand Sanitizer-
Ethanol , Glycerol, Hydrogen peroxide, Boiled/ Distrilled Water.
Or
Isopropyl alcohol, Glycerol, Hydrogen peroxide, Boiled/ Distrilled Water.

Scouts and Guides worked to fight Against Covid 19.

NAGALAND

Dimapur district association of Nagaland State Bharat Scouts and Guides handed over stitched masks by members and well wishers from Dimapur to commis-



sioner of Police Dimapur. Materials were provided by police department and stitched by the members of BSG. It was handed over on 26th June 2020. Apart from that masks prepared by the members were distributed among the needy people

among different part of the States.



Assam

The Bharat Scouts and Guides Assam State Association Under the aegis of the Don Bosco reach out program and leadership of the Divisional Commissioner (S) Assam, Mr. A R Lazar



accompanied by Scouts and Guides of the Don Bosco

School, Panbazar carried out a distribution program of Sanitisers, Masks & Soap to all the Police Station OC's, men in uniform & staff located

As per the invitation received from the Administration, Rovers



and Unit Leaders had served in Gopinath Bordoloi International Airport Guwahati from 09:00 am to till 10:00 pm at night. They helped to the Civil and Police Administration Department of Assam from 25th May to 3rd June, in maintaining social distancing safety passes of passengers and giving proper direction to quarantine centre, hospital and escorting etc. The members provided service on behalf of the Bharat Scouts and Guides, Assam State and their services

at Chandmari, Lataasil, The Police Commissionerate & The All Women Police Station at Pan Bazar.



Rangers of The Bharat Scouts and Guides Assam State helped to the children to continue their study during lock down period and also taught how to wash hand and other preventive measures to be taken to stay protected from Covid 19 and how to help others.

were highly appreciated by the administration.



Meghalaya



The Bharat Scouts and Guides Meghalaya State Association of West Jaintia Hills unit inaugurated washing points by the members of BSG Meghalaya for the public at Jowai Town.



The Meghalaya Bharat Scouts and Guides rendered special service in Quarantine Centre at Shillong, East Khasi Hills .Moreover West Khasi Hills and West Garo Hills Districts of the State organised awareness programme and distributed mask to the needy people.



Tripura

The members of Tripura State Bharat Scouts and Guides have been rendering their services consistently from March, 2020. They are working in Quarantine Centers, in Railway Platform, on road and everywhere the service is needed.

In the month of June also they were everywhere, when and wherever the Administration wanted their services.

During their service period they are fully energetic and devotional for the society as well as for the Country as a whole. During the Service time the members at service in Quarantine Centre gave their tribute to the Martyred Soldiers who died in the battle of China and India.



N. F. Railway

The Scouts and Guides of BSG,

Bharat Scouts and Guides N.F. Railway State there are total 10 Districts under the States and in all the Districts which are spread in three political States of the Country, viz. West Bengal, Assam and Bihar. In every districts the Scouts, Guides have been rendering services towards the community.

N.F. Railway State are always keep them active for rendering service towards the community. During this pandemic period also they make their presence feel in the community by provid

ing their services.



Their continuous service programme is going on from the month of March, 2020 and in this month also they rendered services wherever there is a need like distributing of food and ration, masks, sanitizer and mainly the awareness programmes.

Arunachal Pradesh

Bringing out of Smiles from the face of others is a great achievement. The members of Scouts and Guides of Arunachal Pradesh enjoyed it while distributing masks among the needy people of Village area and make them understand about the utility of using a mask to prevent spreading of Covid -19 and get away of it.



Sikkim



Sikkim is one of the State of Country where we the virus of covid 19 spread very lately. The members of the Scouts and Guides of Sikkim State are actively rendering services towards the community. They are distributing food and ration to the needy, distributing masks and making awareness programme to make the public aware about the preventive steps to be under taken to get away of Covid- 19.



Manipur

The scouts and Guides of The Bharat Scouts and Guides, Manipur State have been showing their devotion towards the community. They are providing their service and reaching to community and making the public aware



about the deadliness affect of Covid-19 virus , making public aware about the pre-

ventive steps to be undertaken to stay of infected by Covid -19. The members distributed food and ration to the needy, distributed Mask, sanitizer , public awareness programmes etc.



Mizoram

The Bharat Scouts and Guides Mizoram States has been rendering service towards the community during this pandemic situation created by the Covid-19. The members of BSG Mizoram State has rendered their services in every district of the State. Members distributed food and ration to the needy who are facing problems for food during the lock down, distributed masks , hand sanitizer, soap etc. among public and helped administration by various way.



Ministry of Health & Family Welfare
Government of India

NOVEL CORONAVIRUS DISEASE
(COVID-19)

Help us to help you

COVID APPROPRIATE BEHAVIOUR

I'm a wise man
I greet without any physical contact

Say **NO** to handshakes, hugs and high-fives

Badakar Apna Vyavahar,
Karein Corona Par Vaar

For information related to COVID-19
Call the State helpline numbers or Ministry of Health and Family Welfare,
Government of India's 24x7 helpline number
1075 (Toll Free), Email at ncov2019@gov.in, ncov2019@gmail.com

mohfw.gov.in | [@MoHFWIndia](https://www.facebook.com/MoHFWIndia) | [@MoHFW_INDIA](https://twitter.com/MoHFW_INDIA) | [mohfwindia](https://www.youtube.com/channel/UCmohfwindia) | [mohfwindia](https://www.instagram.com/mohfwindia)



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Please send your answers with recent passport size photograph by Email. The name of the winner will be published in our next Issue. Let's make some fun from it and test your skills and spread knowledge.

For the Answers of Quiz Time 8; please wait for the Next Issue....

1. what is the meaning of cleeping hand in exercise no.04?
2. In which exercise stand with feet slightly apart?
3. Who said " when it is time to trun over in bad it is time to turn out"
4. Who is called Tenderfoot?
5. Name the book, which was written by B.P for army man?
6. Which leason the elephants of Burma teach us?
7. What is the last sentence of the Yarn no:- 26?
8. What is the meaning of the word Impisa?
9. What is the real way to get happiness as described B.P in his last message?
- 10.What is the full name of Kim?

ANSWERS OF QUIZ (8)

1. Schillin's
2. Dog
3. William Long
4. A man who studies about birds.
5. Baobob tree.
6. Henri Fabre.
7. Keep the blood clean
8. Ten minutes every day
9. For head and neck.
- 10.For trunk

OBITUARY

Shri G. Ranga Rao, was awarded the World's highest and coveted Award "Bronze Wolf" for outstanding services to the Scout Movement by WOSM at Marrakech Moraco in November 1994.

We pay our homage to our former Director of Bharat Scouts and Guides Shri Ranga Rao ji who served the Scout Guide movement in India and gave a global dimension to BSG.





6 CLEAN WATER AND SANITATION



Contd. from the previous issue ...

SDG 6: Clean water and sanitation :- To ensure access to safe water sources and sanitation for all.

Why?

The demand for water has outpaced population growth, and half the world's population is already experiencing severe water scarcity at least one month a year. Access to water, sanitation and hygiene is a human right, yet billions are still faced with daily challenges accessing even the most basic of services. 3 in 10 people lack access to safely managed drinking water services. About 3 billion people lack access to basic sanitation services, such as toilets or latrines.

More than 80 per cent of wastewater resulting from human activities is discharged into rivers or sea without any treatment, leading to pollution.

What are the effects of this?

Water and sanitation-related diseases remain among the major causes of death in children under five; more than 800 children die every day from diarrheal diseases linked to poor hygiene.

Proper water and sanitation is a key foundation for achieving the Sustainable Development Goals, including good health and gender equality.

By managing our water sustainably, we are also able to better manage our production of food and energy and contribute to decent work and economic growth. Moreover, we can preserve our water eco systems, their biodiversity, and take action on climate change.

What would it cost to correct the problem?

A study by the World Bank Group, UNICEF and the World Health Organization estimates that extending basic water and sanitation services to the unserved would cost US\$28.4 billion per year from 2015 to 2030, or 0.10 percent of the global product of the 140 countries included in its study.

What would it cost if we don't correct the problem?

The costs are huge—both for people and for the economy.

Worldwide, more than 2 million people die every year from diarrheal diseases. Poor hygiene and unsafe water are responsible for nearly 90 per cent of these deaths and mostly affect children. The economic impact of not investing in water and sanitation costs 4.3 per cent of sub-

Saharan African GDP. The World Bank estimates that 6.4 per cent of India's GDP is lost due to adverse economic impacts and costs of inadequate sanitation.

Without better infrastructure and management, millions of people will continue to die every year and there will be further losses in biodiversity and ecosystem resilience, undermining prosperity and efforts towards a more sustainable future.

What can we do?

Civil society organizations should work to keep governments accountable, invest in water research and development, and promote the inclusion of women, youth and indigenous communities in water resources governance.

Generating awareness of these roles and turning them into action will lead to win-win results and increased sustainability and integrity for both human and ecological systems.

You can also get involved in the World Water Day and World Toilet Day campaigns that aim to provide information and inspiration to take action on hygiene issues.



The Bharat Scouts and Guides, India is the recognized National Scout Organisation of WOSM and Members Organisation of WAGGGS. WOSM & WAGGGS are the leading Youth Organisation of the World with more than 50 million members. Scouting/ Guiding creates an active citizen who is self dependent in life skills. Rising youth unemployment is one of the most significant problems facing economies and societies in today's world, for developed and developing countries alike. The latest Global Employment Trends for Youth 2020: Technology and the future of jobs shows that since 2017, there has been an upward trend in the number of youth not in employment, education or training (NEET). Globally, one in five young people are NEET: Not in Employment, Education or Training. Three out of four of young NEETs are women. Almost two out of five young workers in emerging and developing economies live on less than US\$3.10 a day (Rs.220/-). The importance of developing skilled youth is at the core of this year's message for World Youth Skills Day - **"Skills for a Resilient Youth"**.

Scouting and Guiding helps the society to get more skilled Young People. Handicraft is one of four pillars of Scouting. More than 113 years ago the founder of the Scout Movement Baden Powell thinks for the skillful youth who can support their family by transferring hobby to their profession. Scouting and Guiding has great opportunities to transform the life of a boy or girl by making them discipline, since discipline is the first and important skill to learn. During this Covid-19 pandemic it is proof everywhere, where peo-

ple did not obeying the guidelines or instructions, we can see the social transmission. *"There are thousands of boys being wasted daily to our country through being left to become characterless, and, therefore, useless wasters, a misery to themselves and an eyesore and a danger to the nation. They could be saved if only the right surroundings or environment were given to them at the receptive time of their lives"* - Robert Baden-Powell.

It is estimated that nearly 70% of the world's learners are affected by school closures across education levels currently. Distance training has become the most common way of imparting skills, with considerable difficulties regarding, among others, curricula adaptation, trainee and trainer preparedness, connectivity, or assessment and certification processes.

Prior to the current crisis, young people aged 15-24 were three times more likely than adults to be unemployed and often faced a prolonged school-to-work transition period. In post-COVID-19 societies, as young people are called upon to contribute to the recovery effort, they will need to be equipped with the skills to successfully manage evolving challenges and the resilience to adapt to future disruptions.

In India, with the education of Scouting we may support our community with more discipline citizen with the training of the modern and relevant skill who will stand with the Nation's economy.

"The Bharat Scouts and Guides always stand for values and Education and become very important in the future Journey of India in bigger success to be number one in every aspects" N. R. Narayana Murthy.

THE NEW NORMAL



Be Alert, Be Cautious, Be Safe and prevent Spreading of Covid-19

Wherever you are, whether at work, home or school, you can help prevent #COVID19.

Remember to wash your hands frequently with soap and water or alcohol-based hand rub.



Some Up Coming Events :-

1. National Level Webinar on “Better World Frame Work”.
(For more information please [click Here](#) .
2. Online Re- Orientation Course for Scout Wing.
(For more information please [click Here](#) .
3. Online Re- Orientation Course for Guide Wing.
(For more information please [click Here](#) .
4. Regional Level Virtual Meet of Scouters and Guiders
(For more information please [click Here](#) .
5. Regional Level Photo Contest for Cubs and Bulbuls (NER)
(For more information please [click Here](#) .



Feel proud to be a member of BSG by registering yourself at Youth Portal of **MOYAS, Govt. of India.** Please follow the Link:

<https://forms.gle/kx888UFUPREsxiSi9>

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